

PERSIAN LOUNGE

MENU

01892 341 054

www.persianlounge.co.uk

COLD APPETISERS

MAST-O-KHIAR £5.50 **V**

Yogurt blended with cucumber and herbs, served with bread

BORANI SPINACH £5.50 **V**

Combination of yogurt, steamed spinach and a hint of garlic, served with bread

HUMMUS £5.50 **VG**

Ground chickpeas with Tahini sauce, garlic and olive oil, served with bread

SHIRAZI SALAD £5.50 **VG**

Combination of fine chopped tomatoes, cucumber, red onion and parsley with fresh lemon juice and olive oil dressing

ZEYTOON PARVARDEH £6.50 **VG**

Marinated green olives with crushed walnuts, pomegranate sauce and a hint of garlic

OLIVIEH £6.50 **NEW**

Combination of potatoes, boiled diced chicken, gherkins, carrots, eggs and green peas with a light coating of mayonnaise & lemon juice

WARM APPETISERS

ASHE RESHTEH £6.95 **V**



Traditional Persian soup cooked with herbs, beans, chickpeas, noodles and cream of whey, served with bread

KASHK BADEMJAN £7.95 **V**

Fried aubergine blended with caramelised onion, garlic, mint and cream of whey, served with bread

FALAFEL £6.50 **VG**

Deep fried falafel (combination of chickpeas, broad beans, onions, mix spices and herbs) accompanied with hummus dip

FRIED HALLOUMI £6.50 **V**

Fried halloumi, served with homemade garlic sauce

CALAMARI £7.95



Crispy calamari, battered and deep fried, served with tartar sauce

KING PRAWNS £9.95

Pan fried king prawns (no shell) served in homemade sweet chili sauce with hint of white wine

GRILLED KOFTE £6.95 **NEW**

Grilled flat lamb meatballs

EXTRA PORTION OF BREAD £2.00



V = suitable for vegetarians **VG** = suitable for vegans

Food allergy and intolerance notice: please speak to our staff about the ingredients in your meal, when making your order.



- dish contains gluten

CHARCOAL GRILLS

SERVED WITH SAFFRON RICE & SALAD

* Additional £1.50 surcharge for barberry rice

CHICKEN SHISH £15.45

One skewer of cubed chicken marinated with saffron and lemon, SERVED WITH SAFFRON RICE & SALAD

CHICKEN WINGS £15.45 **NEW**

One skewer of chicken wings marinated in chef's special sauce SERVED WITH SAFFRON RICE & SALAD

SPICY CHICKEN SHISH £15.45

One skewer of cubed chicken marinated in spicy sauce and garlic, SERVED WITH SAFFRON RICE & SALAD

KOOBIDEH (minced lamb) £16.45

Two skewers of grilled minced lamb meat, SERVED WITH SAFFRON RICE & SALAD

SPICY KOOBIDEH (minced lamb) £17.45

Two skewers of spicy grilled minced lamb meat, SERVED WITH SAFFRON RICE & SALAD

LAMB SHISH (neck fillet) £19.95

One skewer of marinated thick slices of lamb neck fillet, SERVED WITH SAFFRON RICE & SALAD

LAMB CHOPS (4 chops) £20.95

One skewer of spring lamb chops (on the bone), SERVED WITH SAFFRON RICE & SALAD

GHAFGHAZI (mixed shish) £23.00

One skewer of marinated thick slices of lamb (neck fillet) and chicken cubes mix, SERVED WITH SAFFRON RICE & SALAD

MOMTAZ £20.45

One skewer of chicken cubes marinated in saffron and lemon and one skewer of grilled minced lamb meat SERVED WITH SAFFRON RICE & SALAD

* Additional £1.50 surcharge for barberry rice

SHARE PLATTERS

* Additional £1.50 surcharge for barberry rice

SHARE PLATTER FOR 2 PEOPLE £40.00

One skewer of Koobideh (minced lamb), one skewer of chicken shish, one skewer of lamb shish, SERVED WITH SAFFRON RICE & SHIRAZI SALAD

CHICKEN GRILL PLATTER FOR 2-3 PEOPLE £55.00 **NEW**

Two skewers of chicken shish, one skewer of spicy chicken shish and once skewer of chicken wings SERVED WITH SAFFRON RICE, SHIRAZI SALAD & SKINNY FRIES

SHARE PLATTER FOR 4 PEOPLE £75.00

One skewer of chicken wings, one skewer of chicken shish, one skewer of lamb shish, one skewer of spicy chicken shish and once skewer of lamb chops, SERVED WITH 2 PORTIONS OF SAFFRON RICE, 1 SKINNY FRIES & 1 SHIRAZI SALAD

SEAFOOD

SERVED WITH RICE & SALAD

KING PRAWNS £19.00

Pan fried king prawns (no shell) in homemade sweet chilli sauce and hint of white wine, SERVED WITH SAFFRON RICE & SALAD

SALMON FILLET £19.00

A skewer of grilled (cubed) salmon, SERVED WITH BAGHALI RICE (rice mixed with saffron, dill & broad beans) & SALAD

* Additional £1.50 surcharge for barberry rice

EXTRAS - £4.95

* Additional £1.50 surcharge for barberry rice

- **PERSIAN SAFFRON RICE** - persian plain rice topped with saffron rice
- **BARBERRY RICE** - persian saffron rice with sundried berries
- **SKINNY FRIES**
- **SWEET POTATO FRIES**
- **SHIRAZI SALAD** - chopped tomatoes, cucumber and red onion with fresh lemon juice and olive oil dressing
- **MEDITERRANEAN SALAD** - mixed leaf salad with tomatoes, red onion, feta cheese and green olives
- **GRILLED ONION** - drizzled with pomegranate sauce

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MAIN DISHES

SLOW COOKED DISHES

SERVED WITH SAFFRON RICE & SALAD

GHORMEH SABZI £16.50

A stew of diced lamb with blend of herbs and kidney beans, SERVED WITH SAFFRON RICE & SALAD

GHEYMEH BADEMJAN £16.50

A stew of diced lamb with blend of split peas in tomato sauce, topped with fried aubergine, SERVED WITH SAFFRON RICE & SALAD

SPICY GHEYMEH BADEMJAN £16.50

A stew of diced lamb with blend of split peas in tomato and chilli sauce, topped with fried aubergine, SERVED WITH SAFFRON RICE & SALAD

FESENJAN £18.50

Slow cooked chicken (chicken leg on the bone) with crushed walnuts in pomegranate puree, SERVED WITH SAFFRON RICE & SALAD

BAGHALI POLO (LAMB SHANK) £22.00

Slow cooked lamb shank in saffron and tomato sauce, SERVED WITH BAGHALI RICE (rice mixed saffron, dill & broad beans) & SALAD

* Additional £1.50 surcharge for barberry rice

SALADS

CHICKEN SALAD £16.00

Mixed leaf salad topped with grilled chicken cubes

SPICY CHICKEN SALAD £16.00

Mixed leaf salad topped with grilled spicy chicken cubes

GRILLED HALLUMI SALAD £16.00 V

Mixed leaf salad topped with grilled hallumi cheese

SALMON SALAD £19.00

Mixed leaf salad topped with grilled salmon fillet cubes

VEGAN OPTIONS

SERVED WITH SAFFRON RICE & SALAD

GHEYMEH BADEMJAN £15.95 VG

A stew with blend of split peas and mushroom in tomato sauce, topped with fried aubergine, SERVED WITH SAFFRON RICE & SALAD

BAMIEH £15.95 VG

A stew of okra, potatoes and mushroom in tomato sauce, SERVED WITH SAFFRON RICE & SALAD

* Additional £1.50 surcharge for barberry rice

KIDS OPTIONS

SERVED WITH RICE OR SKINNY FRIES

KOOBIDEH (minced lamb) £9.95

One skewer of grilled minced lamb meat, SERVED WITH RICE OR SKINNY FRIES

CHICKEN SHISH (3 pieces) £9.95

One skewer of chicken cubes marinated in saffron and lemon, SERVED WITH RICE OR SKINNY FRIES

(served for under age 10 only)

* Additional £1.50 surcharge for barberry rice

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